ASSESSMENT AND COUNSELING AGENCIES

Alcoholics Anonymous/Narcotics Anonymous

aaftwayne.org & naindiana.org

(Substance Abuse)

• Support groups for those trying to overcome drug and/or alcohol addiction – call or go online to find a location near you

Amani Family Services

amanifamilyservices.org

5104 N Clinton St, Fort Wayne, IN 46825

(Addictions, Outreach and Awareness, Victim Care, Family Care, Community Partners)

- Individual and group sessions for educating, protecting, and safeguarding clients from future temptation with addiction
- Individual and family counseling service
- Home-based services
- Interpretation services and accompaniment
- Parenting expectations in the United States
- Substance use support

Bowen Center

<u>www.bowencenter.org/fort-wayne</u> 2100 Goshen Rd., Ft. Wayne, IN 46808 (Family Relations, Emotional Stability, Substance Abuse)

- Family and individual counseling
- Adult and adolescent chemical dependency programs and assessments
- Full range of mental health services available on an outpatient basis
- Intensive in-home case management (home based services) for children
- Medication evaluation
- Wrap-around services
- Day treatment and day reporting
- Domestic violence services
- Tutoring
- Access number provides assistance 24/7
- Patients will not be denied services based on the individual's inability to pay; whether payment for these services would be made under Medicare, Medicaid, or CHIP. Fee assistance is offered an as option for all patients

Brightpoint

mybrightpoint.org

227 E. Washington Blvd, Fort Wayne, IN 46853

- Head Start: provides comprehensive educational, health, nutritional, and other developmental social services to low-income and special needs preschool children and their families
- JAG Youth Program: to prepare young people for employment or post-secondary training/education after high school

Updated: 2/14/24

260-471-3500 1-800-342-5653

260-423-3546

AA 260-471-6262 NA 260-427-9113

260-484-1414

Cates & Associates

2200 Lake Ave #260 Fort Wayne, IN 46805

- Medication evaluation •
- Sexually maladaptive youth assessments •

Catholic Charities

ccfwsb.org 915 S Clinton St, Fort Wayne, IN 46802 (Family Relations and Emotional Stability)

- Licensed & accredited social services agency
- Seven major service divisions: Pregnancy, Adoption, and Foster Care; Children's Services; • Counseling; Hispanic Outreach; Case Management & Community Services; Refugee Resettlement And Immigration Services; and Older Adult Services
- Youth mentoring programs
- Financial assistance provided •

Community Counseling Center

6319 Constitution Dr., Ft. Wayne, IN 46804 (Family Relations & Emotional Stability)

- Offers individual, group, family, and child counseling services
- Specialties include ADHD and learning disabilities, adolescents, blended families, eating issues, motivating children, parenting, stress and women's issues.

CONNECT Allen County

connectallencounty.com

201 E. Rudisill Blvd., Suite B102, Fort Wayne, IN 46806

- Community access center helping youth, families, and individuals get information on the resources and support available – and how to access them
- Helps to connect you with any services and or/resources you may need, including but not limited to: food, housing, rent/utility assistance, hygiene, clothing, diapers, case management, skills coaching, mental health counseling, substance use resources, and more
- No fee for services.
- Spanish and Burmese Interpreters available. Call to schedule •

Counseling Services & Consulting LLC 260-438-1828 mentalhealthtreatments.net Fax 260-960-9349 4660 West Jefferson, Suite 200, Ft. Wayne

(Family Relations, Emotional Stability and Substance Abuse)

- Affiliated with Prevention Research Institute (PRI), which is a private, not-for-profit organization with • a mission to reduce alcohol and drug related problems in the United States and abroad. PRI website is www.askpri.org
- Treatment plans based on individual needs one on one treatment and referrals, for adolescents; specialties include anger management, impulse control, and ADHD
- Prime for Life under 21 is a program for youth ages 13-20 who are already engaged in high-risk drinking • or drug use or who are in a group that is likely to begin high-risk behaviors

Updated: 2/14/24

260-493-3980

260-422-5625

Fax 260-422-5657

260-432-4346

260-901-5480

- Offers group counseling for adults at various organizations: all therapists are state licensed and/or state • certified as substance abuse counselors, trained to deal with complex issues related to alcohol and other drugs
- Anger management •
- Thinking Errors
- Acceptance of most insurance programs, credit cards, and a sliding fee scale is available for clients . based upon their income

Crossroad Child and Family Services

crossroad-fwch.org

1825 Beacon Street, Fort Wayne, IN 46805

- Individual and family counseling services
- Home-based services (*casework and therapy*)
- Community-based wrap-around services
- Special Services for Special Kids: treatment for medically fragile children and treatment for developmentally disabled youth

Dockside Services

docksideservicesllc.co

126 W. Columbia St. Fort Wayne, IN 46802 & 5904 E State St, Fort Wayne, IN 46815

- Individual and family counseling services
- Home-based services (casework, therapy, and homemaker)
- Substance abuse outpatient treatment
- Clinical & diagnostic assessments
- Psychiatric evaluations & medication management

Dunn Associates

dunnassociatestherapy.com 1910 St. Joe Center Rd, Suite 23, Ft. Wayne, IN

- (Family Relations, Emotional Stability, and Substance Abuse)
 - Behavior health care services for children, adolescents, adults and seniors
 - Adult and adolescent drug/alcohol programs
 - Adoptive evaluations
 - Psychological counseling for anxiety, panic attacks, depression, ADHD, etc.
 - Mental health assessments

East Wayne Street Center

Fax 260-422-2560 ewscenter.org 801 E. Wayne St., Ft. Wayne, IN 46803 (Family Relations, Emotional Stability, and Substance Abuse)

• Not-for-profit organization focused on strengthening families and individuals to empower them to become self-sufficient. Case Management Initiative - This program provides services to clients of the center and helps individuals and families with knowledge of and access to resources in the community

Updated: 2/14/24

260-484-5599

260-422-6502

260-484-4153

260-203-9185

Fax 260-203-9187

• Offers programs such as Project Solve, Family Literacy, and FWSC Food Bank.

Easter Seals ARC of Northeast Indiana

260-456-4534

260-423-2466

aastersealsnei.org 4919 Coldwater Rd. Fort Wayne, IN 46825

> Home-based services (casework and therapy) •

Erin's House for Grieving Children

erinshouse.org 5670 YMCA Park Drive West, Fort Wayne, IN 46835 (Emotional Stability)

• Grief counseling for children and families who have lost a loved one

Family Care Center 260-493-0055 7407 Turkey Run, Ft. Wayne, IN 46815 Fax 260-493-2051 (Family Relations, Emotional Stability and Substance Abuse)

- Wide range of Christian based counseling services (affiliated with Youth For Christ)
- Behavior health care services for children, adolescents, adults, and seniors
- Adult and adolescent chemical dependency programs
- Full range of mental health services available on outpatient basis

Gateway Woods Family Services

gatewaywoods.org 14505 Klopfenstein Rd. Leo, IN 46765

- Home-based casework and homemaker services
- Residential treatment including drug & alcohol programs, counseling services, pregnant and • teen mother programs, and private placements

Gerard & Coslow Associates

4656 W. Jefferson Blvd, Ste 285, Ft. Wayne, IN 46804 (Family Relations, Emotional Stability)

- Counseling services, including children, families and adults
- Management of mental health, relationship difficulties, legal problems, trauma recovery •

Growing Minds Education Services

growingmindsllc.com 3320 Fairfield Avenue, Fort Wayne, IN 46807

- Individual & group counseling •
- Tutoring & mentoring •
- Day treatment & day reporting •

Updated: 2/14/24

260-435-0712

260-422-9372

Fax 260-422-0843

260-627-2159

Hand in Hand Comprehensive Therapy Specialists

www.handinhandtherapy.comFax 22626 St Joe Center Road, Fort Wayne, IN 46825(Family Relations, Individual, Substance Abuse, Emotional Stability)

- Counseling services, including children, families and adults
- Management of mental health, relationship difficulties, legal problems, trauma recovery
- Addiction and substance abuse programs
- Anger management
- Child behavioral management

Headwaters Counseling

headwaterscounseling.org 2712 S. Calhoun St., Ft. Wayne, IN 46807 (Family Relations, Emotional Stability and Substance Abuse)

- Private, not-for-profit agency. Clients are responsible for their fees, but may only have a co-pay based on family size, income, insurance or specialized funding. In some cases, fees may be waived, depending on the funding sources. A very large population of unemployed, underemployed, and special needs individuals are served.
- High quality professional services at affordable rates due to United Way affiliation and grants from local foundations. Hours: M-TH, 8:00 a.m. 5:00 p.m., F 8:00 a.m. Noon
- The service offers general counseling and counseling for sexual, marital and compulsive and/or addictive behaviors.
- Extensive psycho-social assessments are done by request, in addition to consulting services to Individuals, groups, organizations and businesses
- In many cases employers have contracts with the Alliance for Children and Families, and Family and Children's Services (dba "Headwaters Counseling) is the provider for in the Allen County area
- Group and Individual counseling is offered to people who suffer from alcohol or drug abuse/dependency. This is approached from an emotional, biological and spiritual intervention.

LifeLine Youth & Family Services

lifelineyouth.org 4150 Illinois Road, Fort Wayne, IN 46804 (Emotional Stability, Substance Abuse and Family Relations)

- Home-based family casework & therapy
- Individual and family counseling
- LifeLine also has home-based services providing comprehensive care in an effort to keep families together: crisis intervention, advocacy, reunification and education.
- Trauma focused cognitive behavioral therapy
- Parent education & parent aid services

Lutheran Social Services

www.lssin.org 4031 N Clinton St, Fort Wayne, IN 46805 (Emotional Stability and Family Relations)

• Christian based individual and family counseling

Updated: 2/14/24

260-745-3322 800-509-6884

260-426-3347 Fax 260-424-2248

260-744-4326 Fax 260-744-0188

260-497-0328 Fax 260-497-0904

- Home-based services & in-office based counseling
- Recovery care for individuals with substance use disorder

Michiana Behavioral Health

1-800-795-6252

michianabehavioralhealth.com 1800 N. Oak Rd., Plymouth, IN 46563 (Family Relations, Emotional Stability, Substance Abuse)

- Assessment and treatment recommendations for emotional problems relating to substance abuse, suicidal thoughts, depression, child and adolescent behavioral problems, psychotic episodes, anxiety and panic disorders, ADHD
- Acute inpatient care for children, adolescents, and adults (psychiatric care/substance abuse)
- Residential treatment care for children and adolescents
- Partial hospitalization for children, adolescents and adults (psychiatric care/substance abuse)
- Outpatient care for children, adolescents and adults
- Help to persons in crisis 24/7
- Approved Medicaid, Medicare, HIP, and TRICARE provider for children & adolescents and accepts most major insurance programs

PFW Community Counseling

pfw.edu/departments/cepp/depts/professional-studies/counselor-education/community-counseling-center Dolnick Learning Center, 100 Baker Drive North, Ft. Wayne, IN 46835 (Emotional Stability and Family Relations)

• Offers counseling for adults and children, couples, families with personal problems, adjustment reactions, or career counseling concerns, school issues, coping with loss, and parent/child discipline

Quality Counseling & Psychological Services

260-619-3685

260-481-5405

qualitycounseling.org 2415 Hobson Road, Fort Wayne, IN 46805 (Family, Emotional Stability and Substance Abuse)

- Individual, family and marital counseling
- Home-based services and homemaker services
- Tutoring & literacy programs
- Medication Evaluation
- Parenting education
- Anger management
- Sexually maladaptive youth-assessment

Updated: 2/14/24

• Saturday appointments available

Neuropsychiatric Associates PC

2410 N. Glendale Dr. #A, Ft. Wayne, IN 46804 (Family Relations and Emotional Stability)

• Child/adolescent/adult psychiatry specializing in anxiety, panic attacks, depression, ADHD, etc.

Pancner Psychiatric Associates

2805 Fairfield Ave., Ft. Wayne, IN 46808 (Family Relations, Emotional Stability and Substance Abuse)

- Individual and family counseling
- Counseling also includes grief, ADD, Bipolar Disorder, codependency, anxiety, panic attacks, and drug and alcohol.

Park Center, Inc.2www.parkcenter.orgFor909 E. State Blvd., Ft. Wayne, IN 46805For1909 Carew St., Fort Wayne, IN 468052700 Lafayette St., Fort Wayne, IN 46806(Emotional Stability, Family Relations and Substance Abuse)

- *Child and Adolescent Services:* Offers assessment, and counseling (individual and group), and psychiatric services for youth, including home-based and diversion services, youth residential, and intensive day treatment programs for preschool through high school age groups, in both full day and half day formats.
- Substance abuse assessments and outpatient treatment
- Sexually maladaptive youth assessments and treatment
- Medication review
- Parkview is committed to making healthcare accessible to those who need it, regardless of their health status or ability to pay. With our financial assistance, you will be able to receive the Parkview care you expect no matter what medical obstacles you might face.

Parkview Behavioral Health

parkview.com/services-specialties/behavioral-health/behavioral-health **Fax 260-373-7679** 1720 Beacon Street, Ft. Wayne, IN 46805

(Family, Emotional Stability and Substance Abuse)

- Behavioral healthcare services for children, adolescents, and adults
- Outpatient psychiatrists for medication management, mental health, and substance abuse
- No court ordered assessment
- Inpatient hospitalization for youth experiencing emotional & behavior issues

260-481-2700 or 260-481-2800 Fax 260-481-2719 Administration Fax 260-481-2739 Medical Records

260-373-7500

260-432-5181

260-456-4880

Phoenix Associates, Inc.

phoenixassociates.net 2200 Lake Avenue, Suite 260, Ft. Wayne, IN 46805 (Family, Emotional Stability and Substance Abuse)

- Offers assessments and individual, family and substance abuse counseling, including • perpetrators and victims of sexual abuse.
- Substance use assessments and outpatient treatment
- Sexually maladaptive youth-assessment and treatment
- Parenting education
- Home-based therapy
- Anger management
- ASOP program Age range of adolescents admitted to group programs is 12-14 for the younger group, and 15-18 for the older group. Children under the age of 12 who meet criteria will be considered for individualized program services
- Boundaries group for younger children with problems including sexual behaviors, inappropriate sexual contact issues/allegations, or difficulty understanding sexual boundaries
- Accepts all major insurance plans, Medicare, and Medicaid

Stop Child Abuse & Neglect (SCAN)

scanfw.org

500 W. Main St. Fort Wayne, IN 46802

- Individual and family counseling including prevention services, family connections, and intervention services
- Home-based services and homemaker services •
- Supervised visitation
- Anger management group •

Take Charge Counseling and Consulting Services

www.takechargecounseling.org 9417 St. Joe Center Rd., Suite 200, Ft. Wayne, IN 46835 (Family Relations and Emotional Stability)

> • Healthy Relationships/Families, Personal Management, Stress/Anxiety and Mood Management, Improving Morale and Self Confidence, Conflict Resolution and Leadership

260-421-5000

260-415-5967

260-424-0411

Fax 260-424-3530

Villages of Indiana INC

villageskids.org

2250 Lake Ave #160 Fort Wayne, IN 46805

- Individual and family counseling
- Home-based Services
- Independent living services
- Parent education

We Care Counseling

wecarecounseling.com 2020 E. Washington Blvd. #700, Ft. Wayne, IN 46803 (Family Relations, Emotional Stability, and Substance Abuse)

- Adult and adolescent chemical dependency programs; counseling for depression, anxiety, panic disorders and addiction issues
- Insurance coverage by many insurance companies, Medicare and/or Indiana Medicaid
- Behavioral health care services for children, adolescents, adults and seniors
- Psychiatric referrals

Whitington Homes & Services

<u>www.whitington.org</u> 2423 Fairfield Ave. Ft. Wayne, IN 46807

(Family Relations, Emotional Stability, Abuse Recovery,

- Home-based family centered casework is a strength bases service that identifies areas of need and sets goals to reduce safety risks for children.
- Home-base therapy services provide a combination of conflict management, communication skills, anger management, behavior modification, grief work, and relapse prevention for individuals and families.
- Visitation facilitation is provided to families who have been separated due to abuse or neglect. This begins with assessment and treatment plans to identify family needs.
- Mental health wrap-around allows families with children and youth with serious emotional problems to receive extra help in the home.
- Self-referral program

260-422-3034 Fax 260-422-3691

260-745-9431 Fax 260-745-0734

260-423-6676